



Seniors Services UNDER ONE ROOF

**Are you a senior who wants
to stay in your home?**

**Does your Mom need to move from
the family home of 50 years but
doesn't know where to begin?**

**Do you or someone you know
need footcare?**

**Are you a family caregiver overwhelmed
with navigating the health care maze?**

Seniors Services Under One Roof is here to help.

Founded in 2010, we are a **“one-stop” resource centre** for seniors and family caregivers. Our office is made up of independent and locally owned businesses in the Comox Valley.

We provide:

- Eldercare advising, case management and medical advocacy
- Assistance with relocation or downsizing
- Foot Care in-home (or in-office)
- Home support & nursing care
- Household management including housekeeping, meal preparation, companionship and transportation
- Driving to and from appointments
- Away from home respite care

We are a group of seasoned health care and eldercare professionals. All of our providers are fully insured, including:

- commercial and professional liability
- extended automobile policy
- Workers' Compensation coverage

We are committed to providing the highest quality of service and care for our clients at reasonable rates.

Our teams of providers are available for no-obligation ½ hour telephone or in-office consultation. The exception is our foot-care nurse who provides a consultation as part of your first foot-care treatment.



Here to help.

250-339-1188

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and Anderton Avenue*